



#MUTETHEVIOLENCEDC[©]

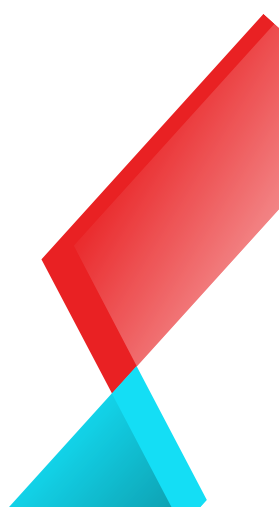
UPLIFT ONE ANOTHER INSTEAD OF GUNNING DOWN EACH OTHER

*Transforming Lives Through Action: The
Ultimate Guide to the Mute the Violence DC
Conflict Resolution & Mentorship Program*

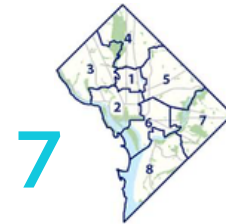


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Introduction



Engaging all 7 Wards!

12+

Delivering over 12 impactful services!

14+

Collaborating with 14 DC schools and expanding!

300+

Making a difference for over 300 families!

Mute the Violence DC is a 501(c)(3) nonprofit organization committed to raising awareness about gun violence and fostering change within the Washington Metropolitan area. Our mission is to eliminate interpersonal violence by promoting understanding, creating alternative solutions, and building unity in underserved communities. We aim to empower individuals, particularly youth, to make safer decisions and improve their quality of life.

We serve black and brown communities disproportionately affected by systemic inequities, including lack of financial resources, education, and support systems. Our team addresses these challenges by providing critical resources, fostering meaningful relationships, and hosting events that give back to the community. What sets us apart is our resourcefulness and unwavering commitment to action—we transform challenges into impactful outcomes by ensuring every member of our team plays a vital role in driving change.

Mute the Violence DC offers a range of services to underserved youth aged 11 to 24 across all Wards in the Washington Metropolitan area. These services include Conflict Resolution and Mediation, Peer-to-Peer Mentorship, Big Brother Mentorship, one-on-one job preparedness training, and academic support. By equipping participants with the tools to navigate challenges, we work to improve community safety, foster personal growth, and reprogram negative behaviors into positive outcomes.

Our work is guided by a commitment to patience, love, consistency, and time. We strive to change mindsets, attitudes, and value systems by promoting independence, teaching positive life skills, and building resilience in individuals at risk or in crisis. Through these efforts, we aim to create safer, stronger communities where every individual has the opportunity to thrive.



Tomeka Watson- Lewis
Executive Director
Mute The Violence DC

Organization Overview



About Us

Mute the Violence DC (MTVDC) is a nonprofit organization committed to reducing gun violence and empowering at-risk youth in the District of Columbia. Since beginning our mission in 2018 and officially founding in 2021, we have worked tirelessly to equip young people with the tools, resources, and support they need to make positive life choices and achieve their full potential. As part of the Community Violence Intervention and Prevention Initiative (CVIPI), we are proud to report significant reductions in truancy, school-based violence, and suspensions, demonstrating the effectiveness of our programs.



Mission

Our mission is to spread awareness and work in partnership to provide alternative solutions to prevent interpersonal gun violence and contribute to ceasefire.

Vision

To build unified communities that promote non-violent conflict resolutions to ensure the safety of all individuals in the Washington Metropolitan area.

Our Motto

"Think before you act, don't act then think."

Our Core Values

Our community partners guide us and our values drive us!
INTEGRITY, SYSTEMIC
JUSTICE, GROWTH MINDSET,
and INTERCONNECTION!

Our Services

Program Objectives

The Mute the Violence DC Conflict Resolution + Mentorship Program aims to:

1. **Reduce Conflict:** Equip participants with tools to resolve disputes constructively.
2. **Improve Emotional Intelligence:** Build self-awareness, empathy, and emotional regulation.
3. **Enhance Academic and Career Focus:** Foster goal-setting and future planning for long-term success.
4. **Promote Positive Peer Interactions:** Cultivate healthy relationships and collaborative community culture.



Empowering Students, Families, and Communities Through Comprehensive Programs

We offer a wide range of workshops and programs aimed at empowering students, families, and communities. Our school and community workshops include Anti-Bullying Seminars, Cultural Awareness & Diversity Training, and Digital Safety & Cyberbullying Prevention, all designed to promote understanding, safety, and respect. Additionally, we provide Leadership Development opportunities through Student Leadership Training, Peer Mediation Programs, and the Youth Ambassadors Program to cultivate young leaders who can foster positive change in their schools and communities.

Our Career Readiness and Life Skills programs focus on preparing students for future success. We offer Career Exploration Sessions, Financial Literacy Workshops, and College Prep & Scholarship Guidance to help students explore career options and gain essential skills for their future. Health and Wellness programs, such as Mental Health Awareness Workshops, Physical Fitness & Self-Defense Classes, and Nutrition Education, encourage students to live healthy lives both mentally and physically.

We also offer Family and Community Engagement initiatives, including Parent Workshops, Family Counseling Sessions, and Community Forums. These services aim to strengthen family communication and build stronger connections between schools and communities. For specialized support, we provide Trauma-Informed Care Training, Anger Management Sessions, and Substance Abuse Awareness Programs. Our Youth Development and Enrichment services, like Summer Camps, After-School Programs, and the Arts for Change Program, foster personal growth and development outside of the classroom. Additionally, we support our community through Donation-Driven Initiatives, such as Scholarship Funds, Technology Access Programs, and Community Resource Drives to ensure equitable opportunities for all.



School and Community Workshops



Podcasting Seminars



Family and Community Engagement



Financial Literacy Workshops



Personalized Mentorship Program



Youth Development and Enrichment Programs



Health and Wellness Programs



Event-based Services



Consultation Services



Career Readiness and Life Skills



Donation- Driven Initiatives

Our Approach



Design & Development



Monitoring & Optimization

Discovery & Strategy



Marketing & Promotion



Our Approach:

The program structure offers flexibility to meet various organizational and participant needs.

Program Duration:

Flexible options ranging from a one-day workshop to an intensive 12-week program.

Target Audience:

Participants aged 5 to 25, grouped by grade level, developmental stage, or specific needs.

Requirements:

- Dedicated classroom, auditorium, or meeting space.
- Coordination with staff for scheduling and logistics.


Program Components:


- Interactive Workshops: Hands-on activities tailored to age and developmental needs.
- Role-Playing Scenarios: Real-life examples to practice conflict resolution.
- Life Skills Development: Confidence building, emotional health, and future planning.


Program Integration





- ① Initial Consultation


 We schedule a meeting to discuss your goals, needs, and expectations.
- ② Proposal Presentation

 We present our tailored proposal, including pricing and project details.
- ③ Project Kickoff

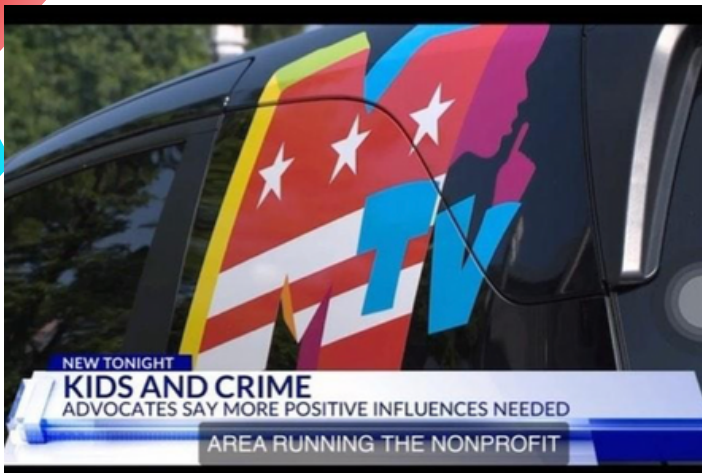
 Once you approve the proposal, we initiate the project, assigning a dedicated team.
- ④ Regular Updates

 We provide regular progress updates and milestones.
- ⑤ Project Completion

 Upon project completion, we conduct thorough testing and hand over all deliverables.
- ⑥ Ongoing Support

 We offer post-launch support and assistance as needed.

Key Accomplishments and Impactful Outcomes



Community Engagement

Our events, such as the “Hoops for the Culture” Basketball Tournament, “Do-Nut Give Up” workshops, and “Kicking Gun Violence to the Curb” kickball game, unite students and families, foster community pride, and promote healthier lifestyles.



2024

Successful Outcomes

By participating in the Mute the Violence DC program, students and young adults have demonstrated:

- Improved conflict resolution and emotional regulation skills.
- Enhanced academic motivation and goal-setting behaviors.
- Positive peer relationships fostering a supportive community culture.

Safe Passage Program



Through our Safe Passage Program, funded by the Deputy Mayor’s Office of Public Safety and Justice, we ensure students and community members travel safely to and from school.

Enhanced Student Attendance and Reduced Absenteeism



Improved student attendance and reduced absenteeism. Strengthened relationships between students, parents, and faculty.

Notable Achievements



Significant reduction in disciplinary incidents at Eastern Senior High School.

- Increased academic engagement at H.D. Woodson High School.
- Safer and more supportive environments at Kelly Miller Middle School.
- Safe Passage Program provides peace of mind for families across all partner schools.

Shaping the Future Together

MTVDC remains committed to empowering youth, strengthening communities, and building meaningful partnerships to create a brighter, safer future for all. We are excited to work alongside students, families, and schools to continue making a difference.

Pricing Options

We understand that funding may be limited and are committed to providing flexible solutions tailored to your organization's and students' needs. Our proposed costs reflect a focus on customizing programs and offering high-quality materials and resources for a meaningful experience. Experienced mentors will lead transformative sessions, with optional workshops and family engagement initiatives to further enrich the program. We are dedicated to delivering the best value while maintaining flexibility to meet your unique needs.



Standard Mentorship Program

\$2,500

- ✓ 5-week mentorship program for up to 25 students.
- ✓ Provision of materials.
- ✓ Sessions led by experienced mentors.

OPTIONAL ADD-ONS

- Pep Rally Visits: Energetic assemblies with motivational speakers and performers. (\$1,500 per event)
- Customized Consultations: Tailored program development for unique organizational needs. (\$650 per consultation)
- Parent Engagement Seminars: Interactive sessions to involve families in fostering success. (\$500 per session)
- Youth SWAG Bags: Includes motivational items, program materials, and keepsakes. (\$50 per participant)



Advanced Mentorship Program

Includes all Standard Package features, PLUS:

\$3,500

- ✓ Weekly "Lunch with Leaders" sessions featuring Youth Ambassadors.
- ✓ Pathways to Passport Program for career and future exploration.
- ✓ Wellness workshops promoting emotional health through yoga and meditation.



Premium Mentorship & Career Readiness

Includes all Advanced Package features, PLUS:

\$5,000

- ✓ Home Economics sessions to teach practical life skills.
- ✓ Apprenticeship opportunities for teens.
- ✓ "Suited for Success 202" workshops on professional attire and self-presentation.
- ✓ Milestones and project management throughout the project.





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Contact Us



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